

**TOOL
BOX**

IDIBAPS
TALKS SERIES



MINDFULNESS *for* RESEARCHERS



Presented by

Iñaki Martín-Subero, PhD

IDIBAPS Group Leader

and expert in meditation practices

Hosted by

Joaquim Raduà, PhD

IDIBAPS Group Leader

Date and hour

14/05/2024 at 15h

 **In-person event**

Centre Esther Koplowitz

Auditori Esteve, c/Rosselló 149-153, Bcn

**PRACTICAL
SESSION**